

# PRODUCT CATALOG OF HORIZON LINE BY ACTIVLAB

### HORIZON

by **ACTIVLAB**®









- ENHANCED STRESS RESISTANCE
- IMPROVED CONCENTRATION AND COGNITIVE FUNCTION
- SUPPORT FOR RECOVERY AND ENDURANCE

NUTRITION FACTS	Daily serving – I capsule
Ashwagandha extract	143 mg
including vitanolid	es 10 mg
Rhodiola rosea extract	100 mg
incl. rosavin	3 mg
Indian nettle extract	100 mg
incl. forskolin	20 mg
Japanese Knotweed E	extract 100 mg
incl. resveratrol	50 mg
Small-leaved bacopa	extract 100 mg
incl. bacosides	20 mg

#### ADAPTO

**ACTIVE** 

extracts of ashwagandha, small-leaf bacopa, rhodiola, Indian nettle and Japanese knotweed. The product is intended for people with high physical activity, who are overtired and exposed to prolonged stress.

HORIZON

by ACTIVLAR®

33 % EPA 22 % DHA

fish oil

60 caps

OMEGA 3 The product contains the Omega-3 fatty acids eicosapentaenoic (EPA, 33 %) and docosahexaenoic (DHA, 22 %) and natural vitamin E. EPA and DHA contribute to the proper functioning of the heart. Beneficial effects occur when 250 mg of EPA and DHA are consumed daily.

- SUPPORTS HEART HEALTH
- ENHANCES BRAIN FUNCTION AND VISION
- RICH IN NATURAL ANTIOXIDANTS

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NUTRITION FACTS	1 capsule	2 capsules	4 capsules
Eicosapentaenoic acid (EPA)	330 mg	660 mg	1320 mg
Docosahexaenoic acid (DHA)	220 mg	440 mg	880 mg
Vitamin El	2 mg (100%*)	24 mg (200%*)	48 mg (400%*)

60 caps

<sup>\* %</sup> of reference intake value

NUTRITION FACTS	Daily serving
	– 2 capsules
Vitamin A	800 µg 100%*
Vitamin D	10 µg 200%*
Vitamin E	24 mg 200%*
Vitamin C	290 mg 363%*
Thiamine	15,4 mg 1400%*
Riboflavin	19,6 mg 1400%*
Niacin	32 mg 200%*
Vitamin B6	18 mg 1286%*
Folic acid	400 µg 200%*
Vitamin B12	25 µg 1000%*
Biotin	100 µg 200%*
Pantothenic acid	12 mg 200%*
Calcium	120 mg 15%*
Magnesium	120 mg 32% <u>*</u>
Iron	3 mg 21%*
Zinc	15 mg 150%*
Copper	1 mg 100%*
Manganese	1,8 mg 90%*
Selenium	75 µg 136%*
Chromium	150 µg 375%*
lodine	150 µg 100%*
Citrus bioflavonoids Artichoke extract	40 mg
	80 mg
of which cynarin Pumpkin seed extract	2 mg
Common nettle extract	60 mg ct 60 mg
Green tea extract	60 mg
Including EGCG	27 mg
Alpha-lipoic acid	10 mg
Black pepper extract	1 mg
incl. piperine	0,95 mg
Choline	82,5 mg
Inositol	50 mg
	22.119

\* % of reference intake value



60 caps

#### VITAMIN

PACK is a product for supplementing the daily diet with essential vitamins and minerals.

VITAMIN PACK is a harmonious set of vitamins and minerals, containing important compounds for the proper functioning of the body. The product covers 100% of the daily requirement for essential B vitamins and vitamins A, D, E and C.stress, exhaustion, smoking).

 COMPREHENSIVE VITAMIN AND MINERAL COVERAGE

ENHANCED ABSORPTION

• SUPPORTS SPECIFIC HEALTH FUNCTIONS





REDUCES FATIGUE

- SUPPORTS MUSCLE FUNCTION
- MAINTAINS TESTOSTERONE LEVELS

**NUTRITION FACTS** Daily serving – 3 capsules

Magnesium	400 mg (107%*)
Zinc	15 mg (150%*)
Vitamin B6	10.5 mg (750%*)

\* % of reference intake value

combination of chelated zinc  $\circ$ f and magnesium with vitamin B6. 1Magnesium contributes to the reduction of feelings of fatigue and tiredness, and helps in the normal functioning of muscles and protein synthesis. Vitamin B6 contributes to maintenance of normal glycogen protein and metabolism. 2Cync helps to maintain normal testosterone levels in the blood. 7MA is recommended. for athletes as a support for high-performance recreational training.

is a product that is a

#### COLLAGEN The product contains

 ENHANCED JOINT AND BONE HEALTH

- IMPROVED COLLAGEN PRODUCTION
- LONG-TERM BENEFITS

hydrolysed collagen and has been enriched with vitamin D, vitamin C and calcium – ingredients that support the skeletal system.

Vitamin C helps in the proper production of collagen to ensure the proper functioning of skin, bones and cartilage. Regular use of the product for at least 3 months is recommended for best results.

NUTRITION FACTS	Daily portion - 15 g
Collagen	10 g
Vitamin C	1000 mg (1250%*)
Calcium	120 mg (15%*)
Vitamin D	50 mg (2000 i m.) (1000%*)

\* % of reference intake value



300 g



#### ISO

DRINK The instant drink is an optimal composition electrolytes (sodium, potassium, chloride, calcium and magnesium) and B vitamins.

The B vitamins contribute to the maintenance of normal energy metabolism.

- OPTIMIZED **HYDRATION** AND **ELECTROLYTE**
- **BALANCE** REDUCED FATIGUE AND **SUSTAINED ENERGY**
- **TARGETED PERFORMANCE SUPPORT**

#### **NUTRITION FACTS** 1 portion - 5 g 100 g

Energy	0 kJ / 0 kcal	0 kJ / 0 kcal
Fat	0 g	0 g
of which saturates	0 g	0 g
Carbohydrate	0 g	0 g
of which sugars	0 g	0 g
Protein	0 g	0 g
Salt	0,88 g	17,5 g
Sodium	350 mg	6980 mg
Potassium	130 mg	2620 mg (131 %*)
Chloride	120 mg	2400 mg (300 %*)
Calcium	120 mg	2400 mg (300 %*)
Magnesium	60 mg	1200 mg (320 %*)
Thiamin	0,17 mg	3,52 mg (320 %*)
Riboflavin	0,22 mg	4,5 mg (320 %*)
Niacin	2,5 mg	51 mg (320 %*)
Pantothenic acid	0,96 mg	19 mg (320 %*)
Vitamin B6	0,22 mg	4,5 mg (320 %*)
Biotin	8 µg	160 µg (320 %*)
Folic acid	32 µg	640 µg (320 %*)
Vitamin B12	0,4 µg	8 µg (320 %*)

<sup>%</sup> of nutrient reference value

A product with a high vitamin C content of up to 1,000 mg per capsule.

Recommended for states of lowered immunity (autumn and winter period) and states of increased demand for vitamin C (elderly people, stress, exhaustion, smoking).

#### vitamin C

helps in the proper functioning of the immune system, helps to reduce feelings of fatigue and tiredness, protects cells from oxidative stress.

**NUTRITION FACTS** Daily serving –1 capsule Vitamin C 1000 mg (1250 %\*)

- \* % of reference intake value
- BOOSTS IMMUNE FUNCTION
- REDUCES FATIGUE
- PROTECTS AGAINST OXIDATIVE STRESS



#### CREA

TINE The product contains creatine monohydrate and taurine.

Creatine enhances physical performance in the case of consecutive short, high-intensity exercise. A beneficial effect occurs when 3g of creatine is consumed daily. The formula is dedicated to people whose goal is to increase strength and muscle mass.

- INCREASED STRENGTH AND MUSCLE MASS
- ENHANCED WORKOUT PERFORMANCE
- SUPPORT FOR MUSCLE RECOVERY

**NUTRITION FACTS** 1 portion – 4,5 g + 375 ml water

Creatine monohydrate 4050 mg
of which creatine 3565 mg
Taurine 450 mg



300 g

FLAVOURS: NEUTRAL / ORANGE / LEMON / BLACKCURRANT



#### **TURBO**

RUSH PRE-WORKOUT is a multi-ingredient formula particularly recommended for use before strength and endurance training. The product contains amino acids, plant extracts, vitamins and minerals. Pantothenic acid helps to maintain mental performance at a normal level.

- BOOSTS WORKOUT PERFORMANCE
- SUPPORTS MENTAL FOCUS AND ENERGY
- OPTIMIZES FAT METABOLISM

NUTRITION FACTS	Daily portion - 10 g
Lean Muscle Matrix	2400 mg
Beta-alanine	2000 mg
Creatine monohydrate	2000 mg
L-Arginine	120 mg(15%*)
Calcium	60 mg (16 %*)
Magnesium	500 mg
Energy Matrix	300 mg
L-Tyrosine	200 mg
Bitter orange extract	200 mg
Caffeine	2,2 mg (200 %*)
Raspberry extract (5% ketones)	2,8 mg (200 %*)
B-Complex	32 mg (200 %*)
Thiamine (Vitamin B1)	12 mg (200 %*)
Riboflavin (Vitamin B2)	2,8 mg (200 %*)
Niacin	100 µg (200 %*)
Pantothenic acid	400 µg (200 %*)
Vitamin B6	5 µg (200 %*)

<sup>\* %</sup> of nutrient reference value

FLAVOURS: RED ORANGE/ RASPBERRY AND LIME



A high-protein supplement based on whey protein concentrate. Protein contributes to the growth of muscle mass.

- SUPPORTS MUSCLE GROWTH
- CONVENIENT USAGE
- HIGH PROTEIN CONTENT



FLAVOURS: VANILLA/ ALMOND/ CHOCOLATE/ WHITE CHOCOLATE/ BANANA CAKE

NUTRITION FACTS	1 portion - 30 g	Daily serving - 60 g	100 g
Energy value	511 kJ/121 kcal	1023 kJ/242 kcal	1704 kJ/403 kcal
Fat	2,1 g	4,3 g	7,1 g
of which saturates fatty acids	1,4 g	2,8 g	4,6 g
Carbohydrates	2,9 g	5,9 g	9,8 g
of which sugars	0 g	0 g	
Protein	23 g	45 g	75 g
Salt	0,12 g	0,25 g	0,41 g
- chocolate flavour	0,23 g	0,46 g	0,76 g
- salted caramel	0,67 g	1,35 g	2,25 g

#### TURBO PUMP

RUSH

PRE-WORKOUT is a multi-ingredient, advanced pre-workout blend without caffeine, containing beta-alanine, AAKG, L-citrulline and niacin. The product is designed for people with increased physical activity.

- ENHANCED WORKOUT PUMP
- CAFFEINE-FREE FORMULA
- SUPPORTS ENERGY METABOLISM

NUTRITION FACTS	Daily portion - 10 g
L-citrulline	3000 mg
Beta-alanine	2400 mg
Niacin	240 mg (1500 %*)

\* % of reference intake value

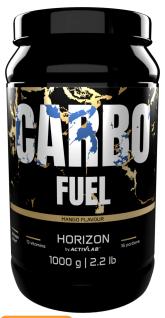


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NUTRITION FACTS	1 portion - 60 g	100 g
Energy	952 kJ / 224 kcal	1581 kJ / 372 kcal
Fat	0 g	0 g
of which saturates fatty acids	0 g	0 g
Carbohydrates	56 g	93 g
of which sugars	3 g	5 g
Protein	0 g	0 g
Salt	0 g	0 g
Vitamin A	480 µg	800 µg
Vitamin D	3 µg	5 µg
Vitamin E	7,2 mg	12 mg
Vitamin K	45 µg	75 µg
Thiamine (B1)	0,66 mg	1,1 mg
Riboflavin (B2)	0,84 mg	1,4 mg
Niacin (B3)	9,6 mg	16 mg
Pantothenic acid (B5)	3,6 mg	6 mg
Vitamin B6	0,84 mg	1,4 mg
Biotin (B7)	30 µg	50 µg
Folic acid (B9)	120 µg	200 µg
Vitamin B12	1,5 µg	2,5 µg
Vitamin C	48 mg	80 mg

<sup>\* %</sup> of nutrient reference value



#### **CARBO**

FUEL is a carefully selected composition of carbohydrates with a vitamin complex. It is recommended for sportsmen and people doing recreational training before and after physical effort.

- RAPID MUSCLE RECOVERY
- BOOSTED ENERGY LEVELS
- COMPREHENSIVE VITAMIN SUPPORT

1000 g

FLAVOURS: MANGO/ GRAPE/ PEACH







EN:

PL:



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activlab-polska



activlab\_sport



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ActivlabSport



## HORIZON REACH BEYOND LIMITS



LINE HORIZON